COLLEGE OF DENTISTRY AND STOMATOLOGY OF SRI LANKA

NEWSLETTER

C/o- Sri Lanka Dental Association, 275/75, Prof. Stanley Wijesundara Mawatha, Colombo 07

MARCH 2025

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President's Message



I am honored to contribute this message to the Newsletter of the College of Dentistry & Stomatology of Sri Lanka (CDSSL), our annual publication.

CDSSL serves as the umbrella organization representing all dental specialties in Sri Lanka. As an academic-focused institution, it is committed to enhancing the knowledge and skills of dental specialists, postgraduate trainees, and dental surgeons through various continuous professional development (CPD) activities.

Over the past year, CDSSL has organized multiple workshops and academic programs. For over 16 years, the College has conducted preparatory classes for PGIM selection examinations together with the Faculty of Dental Sciences, University of Peradeniya. In 2024/25, preparatory classes were conducted for MD (Orthodontics, Restorative Dentistry, and Oral & Maxillofacial Surgery) selection examination, as well as for the DHDP selection examination, benefiting numerous dental surgeons who are keen to do postgraduate studies. The profit earned through conducting MD preparatory classes is shared with the Faculty of Dental Sciences, University of Peradeniya for the development of Basic Sciences, Lecture Hall of the faculty. Additionally, CDSSL successfully conducted two workshops: Hands-On Workshop – 'A Quick Solution for the Edentulous Arch' and Hands-On Workshop on SPSS; Data Analytics for Dental Professionals, both of which were highly beneficial for specialists, postgraduate trainees and all interested in improving themselves. I extend my sincere gratitude to all those who contributed as resource personnel for these workshops and classes. The college conducted several webinars where postgraduate trainees were able to share their experiences in managing different cases and the resource persons provided their expertise to the participants through engaging discussions.

Promoting research among dental specialists and postgraduate trainees is one of CDSSL's key objectives. To support this, the College introduced the CDSSL Research Grant in 2016/17. This year too, research grants have been advertised and will be awarded to the recipients at the annual scientific sessions. Moreover, research presentations are encouraged at the Annual Scientific Sessions, with a cash prize awarded for the best presentation. I would also like to acknowledge the Ministry of Health for its annual financial grant, which has been instrumental in facilitating CPD activities throughout the year.

Since the establishment of the National Medicines Regulatory Authority (NMRA) in 2015, CDSSL has been recognized as the expert body for evaluating dental equipment, devices, and consumables. Any such items seeking registration in Sri Lanka require CDSSL's endorsement. I extend my gratitude to the five-member expert panel representing the College in NMRA evaluations.

Finally, I would like to express my appreciation to all CDSSL members who supported our efforts throughout 2024/25. My heartfelt thanks go to the Council members of 2024/25 for their dedication and hard work in making this year a successful and productive one.

Dr G.K. Edirisinghe
President

Activities of the College 2024/25

37th Annual Scientific Sessions 2024

The CDSSL Annual Scientific Sessions took place on 6th & 7th April 2024, centered around the theme, "Technology in Dentistry in the era of Artificial Intelligence". This significant event in the College calender saw the participation of numerous esteemed speakers, adding depth to the scientific program. The program comprised three symposia, several guest lectures, a postgraduate forum, and a free paper session, all carefully designed to deliver the best outcomes aligned with the theme. The three symposia included, "Break through innovation Virtual Maxillofacial reconstruction", "The Role of AI in the Future of Dentistry" and "Technological Advances in Dentistry". Postgraduate forum provided a platform for trainees to enhance their presentation and communication skills while sharing knowledge and experiences gained during their postgraduate training.

The Inauguration ceremony held on 6th of April 2024 was honoured by the esteemed presence of Dr Vinya Ariyaratne, Immediate past president of Sri Lanka Medical Association (SLMA) and President Sarvodaya Shramadana Movement as the chief guest and Dr Priya Samaranayake, Retired Senior Consultant Orthodontist as the guest of honour. In the highlights of the event was the fifth Sunil Fernando oration titled "Alveolar Bone Grafting in Cleft Rehabilitation, Past, Present and the Future – Sri Lankan Perspectives" delivered by Dr. A.H.T.S. Karunathilleke, Consultant Oral and Maxillo Facial Surgeon, NDHSL Colombo. For the first time in the college history, three fellowships were awarded during the ceremonial inauguration to Professor Hemantha Amarasinghe, Professor Priyake D Palipana and Professor Ruwan D Jayasinghe. The CDSSL grants were awarded to Dr Aruni Senevirathne and Dr Buddhini Perera under Public Health Category.

The council extends its sincere appreciation to all the resource personnel who contributed to making the annual sessions a resounding success. Additionally, heartfelt thanks are extended to all participants for their active engagement and valuable contributions, which enriched the overall experience of the event.



Lighting the oil lamp by the Chief Guest and Guest of Honor at the inauguration



5th Sunil Fernando oration delivered by Dr. A.H.T.S. Karunathilleke



Fellowship awarded to Prof RD Jayasinghe by the President



Presentations at the PG forum

Preparatory Courses for Examinations

Selection examination for the Postgraduate Diploma in Hospital Dental Practice (PGDHDP)

Preparatory course for the selection examination for PGDHDP were carried out as two full day physical programme on the 2nd and 9th of March 2025 at the auditorium of the National Dental Hospital Colombo with participation of 08 dental surgeons.



The College would like to extend its heartfelt appreciation to all the subject experts who persist in their support, contributing to the success of the program. The college also wishes to thank Dr A. Rajaganesh and Dr K. Handapangoda for coordinating these sessions.

Selection examination for MD OMF, Orthodontics & Restorative Dentistry 2024

Preparatory course for the Common Selection Examination for MD in Oral and Maxillofacial Surgery, Orthodontics and Restorative Dentistry were carried out successfully as online lecture series and physically held practical sessions at Faculty of Dental Sciences, University of Peradeniya. The college wishes to appreciate the meticulous contribution by the Dean and the staff of Faculty of Dental Sciences, University of Peradeniya, all resource persons and the coordinator Dr. Randilini Angammana in organising this successful session.







Continuing Professional Development (CPD) Programmes 2024/2025

"A Quick Solution for the Edentulous Arch" - A Hands on Workshop on Dental Implants, was held on 14th July, 2024 at the Skills lab of Faculty of Dental Sciences, University of Peradeniya. Introduction to implants, treatment planning were discussed through lectures and demonstrations in the morning session. Afternoon session was for hand-on practice under one-to-one guidance from the resource person, Dr. Sharat B. Shetty. It was a successful session and was a great insight for the beginners in implant dentistry. Postgraduates and general dental practitioners who participated were benefited.





"Unlocking the power of Data: Data Analysis for Dental Professionals- A Hands-on Workshop- SPSS", was held on 27th July 2024 at Hector Kobbekaduwa Agrarian Research & Training Institute, Colombo. Resource Persons were Dr Nadeeka Chandraratne, Dr Yasaswi Walpita and Dr Dushyanthi Jayawardena who are Senior LEcturers of University of Colombo. The workshop was open for twenty participants who had a fruitful experience.



Webinar series

Case Based Discussion on Management of Free end saddles
Date: 14th August 2024

Resource persons:
Prof.Manori Jayasinghe
Dr.Nilmini Abeygunawardhana

Case Presenters:
Dr Sumudu Rasnayake
Dr W K B Dilrukshi

Moderator:
Dr K Handapangoda



Case based discussion on OMF Surgery – "Lateral neck swellings"
Date: 26/10/2024

Resource person:
Dr Buddhika Dassanayake

Case presenter:
Dr Sandun Tharaka

Moderator:
Dr L. Senarathna



Case based discussion in Orthodontics – "Mind the Gap: Understanding Hypodontia in Orthodontics"
Date: 15/12/2024

Resource person:
Dr Ajith Premaratne

Case presenter:
Dr Lakshika Waruni

Moderator:
Dr M Ramanayaka



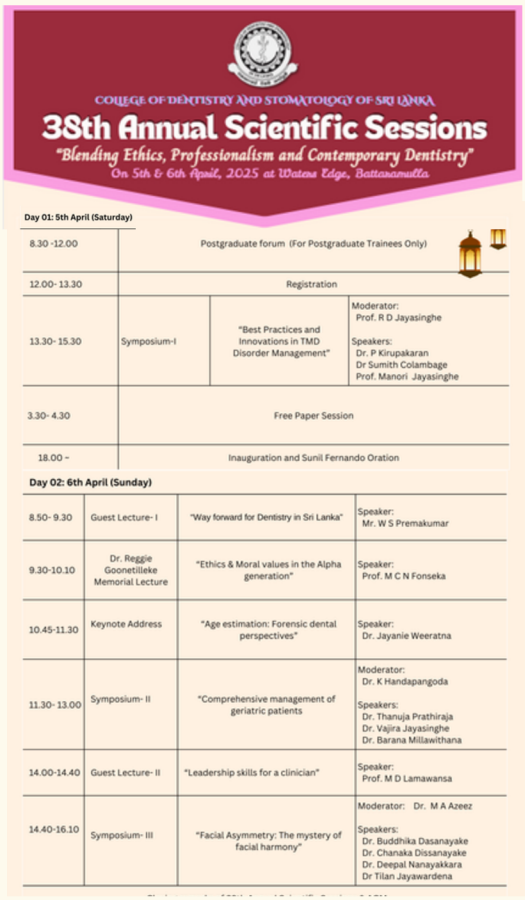
Announcements and Notices of the College 2024/25

CDSSL Annual Scientific Sessions will be held on the 5th and 6th of April 2025 at Water's Edge - Colombo, under the theme, "Blending Ethics, Professionalism and Contemporary Dentistry".

Several renowned speakers will join to enrich the scientific programme which will consists of three symposia, lectures and a free paper session. The three symposia will be on "Best Practices and Innovations in TMD Disorder Management", "Comprehensive management of geriatric patients" and "Facial Asymmetry: The mystery of facial harmony".

Simultaneously with the Sessions, the Postgraduate forum will take place, providing a platform for trainees to enhance their presentation and communication skills, while also facilitating the exchange of knowledge and experiences acquired during postgraduate training.

Sixth Sunil Fernando Oration 2025 will be delivered by Prof HRD Peiris, Professor in Anatomy, Department of Basic Sciences, Faculty of Dental Sciences, University of Peradeniya. The upcoming programme will offer valuable insights into the evolving landscape of dental care.


COLLEGE OF DENTISTRY AND STOMATOLOGY OF SRI LANKA

38th Annual Scientific Sessions

"Blending Ethics, Professionalism and Contemporary Dentistry"

On 5th & 6th April, 2025 at Waters Edge, Battaramulla

Day 01: 5th April (Saturday)

8.30 -12.00	Postgraduate forum (For Postgraduate Trainees Only)		
12.00- 13.30	Registration		
13.30- 15.30	Symposium-I	"Best Practices and Innovations in TMD Disorder Management"	Moderator: Prof. R D Jayasinghe Speakers: Dr. P Kirupakaran, Dr Sumith Colambage, Prof. Manori Jayasinghe
3.30- 4.30	Free Paper Session		
18.00 -	Inauguration and Sunil Fernando Oration		

Day 02: 6th April (Sunday)

8.50- 9.30	Guest Lecture- I	"Way forward for Dentistry in Sri Lanka"	Speaker: Mr. W S Premakumar
9.30-10.10	Dr. Reggie Goonetilleke Memorial Lecture	"Ethics & Moral values in the Alpha generation"	Speaker: Prof. M C N Fonseka
10.45-11.30	Keynote Address	"Age estimation: Forensic dental perspectives"	Speaker: Dr. Jayanie Weeratna
11.30- 13.00	Symposium- II	"Comprehensive management of geriatric patients"	Moderator: Dr. K Handapangoda Speakers: Dr. Thanuja Prathiraja, Dr. Vajira Jayasinghe, Dr. Barana Millawithana
14.00-14.40	Guest Lecture- II	"Leadership skills for a clinician"	Speaker: Prof. M D Lamawansa
14.40-16.10	Symposium- III	"Facial Asymmetry: The mystery of facial harmony"	Moderator: Dr. M A Azeez Speakers: Dr. Buddhika Dasanayake, Dr. Chanaka Dissanayake, Dr. Deepal Nanayakkara, Dr Tilan Jayawardena

CDSSL Reasearch Grants

(I) CDSSL Research grants 2023/2024 recipients were **Dr. A M K Senevirathne** and **Dr. P B A Perera**, under Public Health Category. They were awarded the grant by the President elect CDSSL, Dr. G K Edirisinghe at the Annual Scientific sessions held in 2024.





(ii) CDSSL Research grants 2024/2025: The three-member research grant committee of the CDSSL following perusal of the received research proposals, selected the proposals titled below as the recipients for the research grant 2024/2025

- Dr. K L M M Perera -Public Heath Research Category
- Dr Madhuka Ramanayaka- Clinical Research Category

Awardees will receive the grant at the Inaugural ceremony of the upcoming Annual Scientific Session 2025. While congratualting the grant recipients, the council wishes to thank the research grant committee of the CDSSL for the efforts and expertise expended on this pivotal task and also to Dr Rasika Ekanayake for coordinating the task.

Examination Results



MD in Oral & Maxillofacial Surgery Examination- March 2024

Dr. Kiripatti Gamaralalage Deeshan Indeewara Amarasena
Dr. Balakumaran Puvitharan
Dr. Sinhalage Wasana Lasanthi Rajakaruna
Dr. Thilini Priyanwada Rathnaweera
Dr. Munasinghe Arachchige Amila Isuranga Rathnayake
Dr. Hetti Karannagodage Loshan Senarathna

MD in Community Dentistry Examination- December 2024

Dr. Singankutti Arachchige Dona Niranjala Amarasena
Dr. Piladuwa Loku Bogahawattage Charani Siridhara Kodikara

MD (Restorative Dentistry) Examination- June 2024

Dr. Walallawita Kankanamge Bhagya Dilrukshi
Dr. Nimna Hansanee Senarath

MD (Orthodontics) Examination –November, 2024

Dr. Keerththana Balabaskaran
Dr. Mabulage Jayani Wathsala Siriwardhana

Selection Examination in MD (Community Dentistry) –June 2024

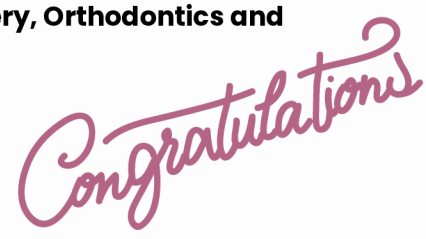
Dr. Uthpala Muhandiramge Gunasekara
Dr. Hiruni Maheshika Lokugamage Kariyawasam
Dr. Kemiya Hasitha Bandara Kodituwakku

Selection Examination for MSc (Community Dentistry)- September 2024

Dr. Gayani Chathurangi Gunasekara
Dr. Mirisse Lankage Thilina Prabath Jayasiri
Dr. Wellappili Arachchige Neeliya Madhushanka
Dr. Mithun Kaushika Ovitigala
Dr. Gimhara Lakshani Pallewala
Dr. Liyana Kankanamalage Pubudinie Lahiruka Wijewardane

Common Selection Examination for MD Oral & Maxillofacial Surgery, Orthodontics and Restorative Dentistry- September/October 2024

Dr. Nalayini Ellamurugan
Dr. Nagodage Tharindu Sampath Perera
Dr. Kaleelur Rahuman Mohammadu Salman
Dr. Sumali Randhini Sumithrarachchi



Board Certified Members

Restorative Dentistry

Dr. B M C A Bandaranayake
Dr. P A Hewage

OMF Surgery

Dr. R P Gallage
Dr. U G S Sankalpa
Dr. K Ahilan
Dr. A L M Rizan
Dr. H M M R Bandara

Orthodontics

Dr. W A S P Weerasooriya
Dr. G A G Lakmali

Community Dentistry

Dr. H D V Gayathri

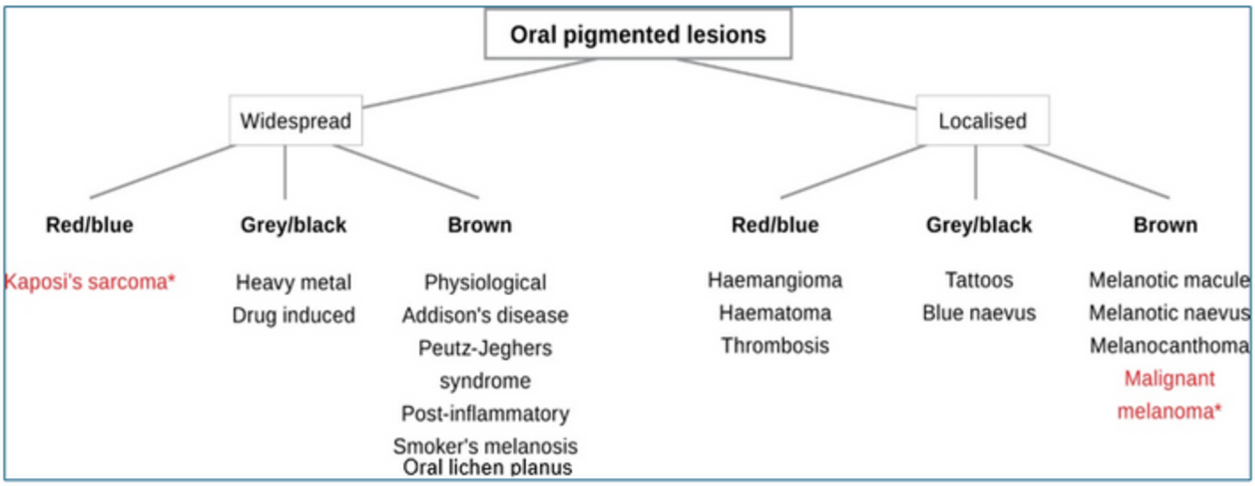
Article: Pigments in the oral mucosa



Prof. B.S.M.S. Siriwardena
Ph.D (Japan), M.D in Oral Pathology (Colombo), M.Phil (Sri Lanka), BDS (Sri Lanka)
Professor in Oral Pathology, Faculty of Dental Sciences, University of Peradeniya

Human oral mucosa shows a vast spectrum of colours due to physiological and pathological states. Localized mucosal abnormalities, systemic diseases or malignant neoplasms are falling under pathological pigmentation. It may be exogenous such as amalgam, graphite, tattoo ink or endogenous like melanin, haemosiderin. The colour of the mucosa varies with the thicknesses of the epithelium, activity and number of melanocytes, amount of keratin, submucosal vascularity etc.
Oral lichen planus

The normal oral mucosa is covered by a stratified squamous epithelium of varying thickness with submucosa consists of fibrovascular connective tissue, adipose tissue and glandular structures. The normal appearance of the oral mucosa varies from site to site. Melanocytes reside in the basal layer, injecting brown pigments into adjacent keratinocytes. It is important to identify physiological pigmentation where African, Asian and Mediterranean populations exhibit more pigments than white skinned individuals.



Classification[1]



Oral lichen planus Amalgam tatoo[2] Melanoma[3]

Diagnostic approach

Most lesions are asymptomatic, and patients are usually unaware. However, duration is very important to exclude any rapid growth. Detailed medical history is essential to identify underlying systemic disorders, potential predisposed conditions and medications and social history to reveal tobacco use. Clinical characteristics like, Number of lesions, size, shape, borders of the lesion, colour intensity, anatomical site and distribution of the lesion are extremely important.

Benign lesions are slowly growing, relatively small with regular well-defined borders with no ulcerations. In contrast malignant pigmented tumours grow rapidly with irregular borders, larger with evidence of ulceration. Further investigations are necessary depending on the suspected etiology such as incisional biopsy.

Although treatment is unnecessary for asymptomatic conditions, lesions with irregular, rapidly growing and especially those arising on palatal mucosa should require definitive diagnosis and possible therapeutic intervention.

References

1.Kauzman A, Pavone M, Blanas N, Bradley G. Pigmented lesions of the oral cavity: review, differential diagnosis, and case presentations. J Can Dent Assoc 2004; 70: 682–683

2.Gondak RO, da Silva-Jorge R, Jorge J, Lopes MA, Vargas PA. Oral pigmented lesions: Clinicopathologic features and review of the literature. Med Oral Patol Oral Cir Bucal. 2012;17(6):e919-e924.

3.Abati, S.; Sandri, G.F.; Finotello, L.; Polizzi, E. Differential Diagnosis of Pigmented Lesions in the Oral Mucosa: A Clinical Based Overview and Narrative Review. Cancers 2024



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Dr. R.M.S.D.K. Ranathunga (Immediate past president), Dr. A. Rathnayaka (Vice-President), Dr. A. Rajaganesh (Joint Secretary)

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